

Founded in 1992



May 2023

Dear Parent/Carer

2023/24 SEASON MEMBERSHIP PACK

A warm welcome from everyone at Christ Church United Football Club!

Our 2023/24 season starts on Saturday 16th September 2022 and is set to run to Saturday 25th May 2024.

Please read this membership pack, which provides details of the Club and arrangements for this season, including the programme of dates. Then complete the registration form for your child. If you have more than one child at the Club, you need to fill in a separate form for each child. This season the form is in 'editable' pdf format, to avoid the unnecessary use of paper. It will be sent to you by email, along with more information on completing and returning it.

The Early Bird registration fee for the whole season is £45 for individual membership and £65 for family membership (which covers all the children from one household). Early Bird is available if paid before 1st August 2023. Thereafter registration for the season will be £50 for individual membership and £70 for family membership. The fees are reduced by half for players who start after Christmas. Details on how to pay are provided in the registration form email.

Our sessions are held on Saturday mornings, from 9.00 till 10.30am, at Blenheim High School in Epsom. They involve a lot of competitive play, but the Club ethos remains focused on developing individual and team skills rather than playing regular league fixtures. We have clear Codes of Conduct for players, parents/carers and coaches. We all have a duty to ensure they are followed.

All players must wear shinpads, bring a drink and wear appropriate clothing and footwear. On the Astroturf pitch, trainers or Astro boots need to be worn. Football boots or blades are essential if you're playing on the grass, but they're not permitted on the Astroturf.

The Club takes child welfare and safeguarding extremely seriously. We have a designated Child Welfare Officer (CWO) who can be emailed at welfare@christchurchunited.co.uk

Blenheim High School does not permit smoking, vaping, chewing gum or littering anywhere on its premises, indoors or outdoors. Dogs are not allowed on the site, other than inside cars in the carpark. Please help us by observing these rules.

Please ensure we have an up-to-date email address for you and check the website every Friday evening for the latest news. There will be a message on the website if we need to call a session off for any reason.

The Club is run exclusively by volunteers, and we always welcome additional helpers and coaches. If you'd like to get involved, please let us know. We'd love for you to join the team!

If you have any questions or concerns, please talk to a Team Manager or email the Membership Secretary at membership@christchurchunited.co.uk

The CCUFC Coaching Team



Founded in 1992

2023/24 SEASON



Christ Church United FC is a church-linked football club, run by volunteers to provide football coaching for boys and girls, regardless of their ability level. The Club is affiliated to the Surrey Football Association. It forms a part of Christ Church's outreach programme and works with other sporting and voluntary organisations so that links between the Church and the local community are maintained and developed through sport. Whilst all our sessions are undoubtedly competitive, the emphasis is very much on developing individual and team skills, and we do not play regular league fixtures. However, friendly matches and tournaments with other clubs may be arranged from time to time. The well-being of our players is our top priority and our approach to child safeguarding and welfare reflects that commitment.

Location / Dates / Times

Football coaching takes place at Blenheim High School, Longmead Road, Epsom on Saturdays between 9.00 and 10.30am during term-time. The programme of dates for the whole season is at the end of this pack. Parents and carers are asked to note that children should arrive no earlier than 8.45am and be collected promptly when coaching finishes at 10.30am. Neither the Club nor the School is responsible for the safety and well-being of children outside these times.

Membership Fees

The registration fee covers the whole season (September to May). The Early Bird registration fee for the whole season is £45 for individual membership and £65 for family membership (which covers all the children from one household). Early Bird is available if paid before 1st August 2023. Thereafter registration for the season will be £50 for individual membership and £70 for family membership. The fees are reduced by half for players who start after Christmas. The registration fee is the Club's main source of income to cover the following costs:

- Hire of the Blenheim High School facilities (astroturf and grass pitches/playing areas)
- Equipment (footballs, goals, kits, training bibs, etc)
- Affiliation to the Surrey County FA
- · Coaches' training
- Public liability insurance

We believe the registration fee represents excellent value for money compared with other football clubs and sporting/social activities for children in the Epsom area.

Codes of Conduct

The Club has always believed in and insisted on 'codes of conduct' based on sensible and responsible behaviour and good sportsmanship at all times. In line with guidance from the FA, we have formalised this philosophy in three Codes of Conduct - covering Coaches, Players and Parents/Carers - and summaries of these are included in this pack. Please read them carefully and contact the Child Welfare Officer or any of the Team Managers if you have any concerns or comments.

Equality

The Club is committed to providing an opportunity for children to play football, regardless of their gender, sexual orientation, ethnicity, colour, nationality, religious belief, or ability level. We require everyone associated with the Club to treat other people fairly and with respect.

Safeguarding Children

The Club's policy on Safeguarding Children reflects the requirements and guidance of the FA and the Church of England (Guildford Diocese). It covers the appointment and training of coaches, Disclosure Barring Service (DBS) checks, first aid, procedures at coaching sessions, and arrangements for transporting

children to/from tournaments and matches. Our designated Child Welfare Officer keeps abreast of developments and provides advice to the Club's management team. Please see the separate sheet on procedures at coaching sessions which is included in this pack.

Data Protection

The Club is committed to protecting the information you provide. It will be stored securely and used solely for the running of the Club. It may be provided to the FA (for football governance purposes) but otherwise it will not be released outside the Club. By joining the Club, you are accepting these arrangements.

Dress Code

All players must wear shin-pads during play and should wear suitable clothing and footwear, both on and off the pitch. Children playing on the grass field must wear football boots. Trainers or astroturf boots must be worn on the astroturf pitch (football boots with studs or blades are not permitted). We strongly advise that children playing on the astroturf pitch wear long-sleeved tops and track-suit/jogging bottoms, as friction burns from falls on astroturf are painful and can take a long time to heal.

Away Matches/Tournaments

Arrangements for getting children to and from away fixtures are made on a case-by-case basis by the relevant Team Manager(s). We welcome the support of parents/carers who are able to help with transport and supervision. We need mothers as well as fathers, as we frequently have girls as well as boys in our teams. In line with the Club's Safeguarding Children policy, there should be at least two children in a car at all times, unless a parent/carer has given permission for his/her child to travel alone with another adult (parent/carer or coach).

Photography

Parents and carers are welcome to take photographs of their children playing football at the Club. From time to time, the Club may arrange for photographs to be taken for publicity purposes (eg. the Club's website). These pictures will be of groups of players rather than individuals. Any images used will not be accompanied by the players' names. Please contact a Team Manager or the Child Welfare Officer if you have any concerns or questions.

Registration

All players need to be registered for legal, insurance and child welfare/safeguarding purposes. The CCUFC registration form can be obtained by emailing the Membership Secretary membership@christchurchunited.co.uk. Please complete the form and return it to the Membership Secretary. If you have more than one child at the Club, a separate form is required for each child. Please provide a mobile phone number in case we need to contact you urgently and an email address for routine, non-urgent communications.

Communication

Please provide an active email address that you use regularly and let us know if you change it during the season. Check the website (www.christchurchunited.co.uk) every Friday evening for the latest news – for example, if we need to call off a training session due to bad weather.

Questions

If you have any questions or would like additional information about the Club, please contact the Membership Secretary (Nigel Crow – $\frac{membership@christchurchunited.co.uk}{membership@christchurchunited.co.uk}$), the Chairman (Paul Wilson – $\frac{chairman@lchristchurchunited.co.uk}{membership@christchurchunited.co.uk}$) or any of the Team Managers.



CODES OF CONDUCT

Code of Conduct for Coaches

- 1. Respect the rights, dignity and worth of every player and treat each equally within the context of the sport.
- 2. Place the well-being and safety of players above all other considerations, including the development of performance.
- 3. Adhere to all guidelines of the relevant governing bodies.
- 4. Develop an appropriate working relationship with each player based on mutual trust and respect.
- 5. Never exert undue influence to obtain personal benefit or reward.
- 6. Encourage and guide players to accept responsibility for their own behaviour and performance.
- 7. Ensure that activities are appropriate for the age, maturity, experience, and ability of players.
- 8. At the outset, clarify with the players (and, where appropriate, their parents/carers) what is expected of them and what they are entitled to expect from their coach.
- 9. Cooperate with other coaches, officials, sports scientists, doctors, and physiotherapists in the best interests of the players.
- 10. Promote the positive aspects of the sport (including fair play), and never condone behaviour contrary to the laws, rules and spirit of the game or the use of prohibited substances or techniques.
- 11. Consistently display high standards of behaviour and appearance, and be a role model for players, parents/carers and spectators.
- 12. Do not use inappropriate language or tolerate it from the players or others.

Code of Conduct for Players

- 1. Try hard to develop your own abilities in terms of skill, technique, tactics and stamina.
- 2. Give maximum effort, and strive for the best possible individual and team performance during a game, regardless of the score
- 3. Understand and abide by the laws, rules and spirit of the game.
- 4. Ensure you are on time for coaching sessions and matches, and have appropriate clothing, footwear and shinpads.
- 5. Set a positive example to others, whether team-mates, opponents or spectators.
- 6. Show respect to coaches and match officials, and accept their instructions and decisions without protest.
- 7. Avoid all forms of gamesmanship (including time-wasting), cheating and violent conduct.
- 8. Avoid dangerous or violent play and discourage it in others.
- 9. Help injured players, whether team-mates or opponents.
- 10. Treat opponents and spectators with respect at all times, regardless of the score or result of the game.
- 11. Be a good sport: accept success or failure, victory or defeat, with dignity.
- 12. Do not use inappropriate language.

Code of Conduct for Parents/Carers

- Take a positive and supportive interest in your child's football activities, contributing to his/her enjoyment of the game, sense of achievement and self-esteem.
- 2. Encourage and guide your child to accept responsibility for his/her own behaviour, performance and development.
- 3. Cooperate with coaches and other parents/carers in the best interests of the players.
- 4. Encourage your child to understand and abide by the laws, rules and spirit of the game.
- 5. Ensure your child arrives on time for coaching sessions and matches, is equipped with appropriate clothing, footwear and shinpads, and is collected promptly at the end.

- 6. When spectating, show respect to all players, coaches, match officials and other spectators, regardless of the score or result of the game.
- 7. Encourage your child to be a good sport and to set a good example to other players.
- 8. Do not use inappropriate language or tolerate it from your child.



SAFEGUARDING CHILDREN

Procedures for ensuring the safety and well-being of children at coaching sessions.

Christ Church United Football Club is affiliated to the Surrey Football Association. The Club is committed to ensuring that the FA guidelines on Safeguarding Children and wider child safety and well-being issues are observed.

This summary aims to provide parents and carers with a clear understanding of the arrangements that apply before, during and after normal Saturday morning coaching sessions. They form part of the Club's Safeguarding Children policy, which is based on the FA's recommended procedures and practices. Further information is available from the Club's Child Welfare Officer, Paul Mady.

Before coaching sessions start (8.45 – 9.00am)

- 1. Coaching sessions start at 9.00am. No unaccompanied child should arrive before 8.45am. Neither the Club nor Blenheim High School is responsible for the safety and general well-being of children before that time. Any child who arrives before 8.45am must be accompanied by a parent/carer.
- 2. Special care should be taken on arrival and departure, as the main entrance area and carpark are very busy with traffic at these times.
- 3. On arrival, each child should go to the area on the grass pitch or the astroturf where his/her age group normally plays, unless instructed otherwise by a Club coach.
- 4. If a child is part of a team due to travel to an away fixture, he/she should follow the instructions of his/her Team Manager or coach.
- 5. If the arrangements for collecting your child at the end of the coaching session are different from those that normally apply, please notify his/her Team Manager or coach before the coaching session starts.

During coaching sessions (9.00 – 10.30am)

- 1. During the coaching session, **under no circumstances** should any child leave his/her coaching group without the permission of his/her Team Manager.
- 2. If you wish to collect your child before the end of a coaching session, please do not take your child away without first notifying his/her Team Manager.
- 3. Any child wishing to go to the toilet during a coaching session should tell his/her Team Manager or coach, who will arrange for the child to be escorted by two responsible adults to and back from the entrance to the school toilets.

After coaching sessions finish (10.30 – 11.00am)

- 1. Coaching sessions finish at 10.30am. Please arrive in good time to collect your child promptly.
- 2. To avoid unnecessary congestion and risk of accident, please collect your child from his/her coaching area and not the main entrance area or carpark.
- 3. For the younger children playing on the Astroturf, parents/carers are asked to collect them from their coaching area in person. Under no circumstances should any child leave the Astroturf unaccompanied.

- 4. If a child is not collected by 11.00am and his/her Team Manager is unable to contact his/her parent or carer, the Club will have no option but to refer the matter to the local police.
- 5. In exceptional circumstances it may be possible for a child to be collected after 11.00am, by prior agreement with the appropriate Team Manager.

Keep this page for reference!



CHRIST CHURCH UNITED FOOTBALL CLUB PROGRAMME FOR SEASON 2022/23

Week No.	<u>Date</u>	<u>Activity</u>
1	16 Sep 2023	First coaching session of season
2	23 Sep 2023	Regular coaching session
3	30 Sep 2023	Regular coaching session
4	7 Oct 2023	Regular coaching session
5	14 Oct 2023	Regular coaching session
6	21 Oct 2023	Regular coaching session
7	28 Oct 2022	Break (half-term)
8	4 Nov 2022	Regular coaching session
9	11 Nov 2023	Regular coaching session
10	18 Nov 2023	Regular coaching session
11	25 Nov 2023	Regular coaching session
12	2 Dec 2023	Regular coaching session
13	9 Dec 2023	Kids v Coaches/Parents games
14	16 Dec 2023	Break (Christmas holiday)
15	23 Dec 2023	Break (Christmas holiday)
16	30 Dec 2023	Break (Christmas holiday)
17	6 Jan 2024	Regular coaching session
18	13 Jan 2024	Regular coaching session
19	20 Jan 2024	Regular coaching session
20	27 Jan 2024	Regular coaching session
21	3 Feb 2024	Regular coaching session
22	10 Feb 2024	Regular coaching session
23	17 Feb 2024	Break (half-term)
24	24 Feb 2024	Regular coaching session
25	2 Mar 2024	Regular coaching session
26	9 Mar 2024	Regular coaching session
27	16 Mar 2024	Regular coaching session
28	23 Mar 2024	Regular coaching session
29	30 Mar 2024	Break (Easter holiday)
30	6 Apr 2024	Break (Easter holiday)
31	13 Apr 2024	Break (Easter holiday)
32	20 Apr 2024	Regular coaching session
33	27 Apr 2024	Regular coaching session
34	4 May 2024	Regular coaching session
35	11 May 2024	Regular coaching session
36	28 May 2024	Regular coaching session
37	25 May 2024	Last day of season: Kids v Coaches/Parents games